

# Prolactin

HOSP #		WARD	ENT Clinic
CONSULTANT		DOB/AGE	35 Y Male

## Abnormal Result

Prolactin 10 986.0 ug/L (4-15.2)

Dilutions:

1/10 >4700;

1/100 = 10821;

1/50 = 10 986.

## Presenting Complaint

Epistaxis

## History

Patient with epistaxis referred to the ENT specialist clinic.  
No relevant medication history.

## Examination

35 y male with a large left post-nasal space mass, a vascular mass involving the pituitary fossa.

?NBL (non-benign lesion)

?Sinonasal malignancy

?Pituitary Tumour

# Laboratory Investigations

TSH 0.91 pmol/L (0.27-4.20)

Free T4 15.7 pmol/L (12-22)

FSH 0.8 IU/L ↓ (1.5-12.4)

LH 0.2 IU/L ↓ (1.7-8.6)

Testosterone 0.2 nmol/L ↓ (8.6-29.0)

PTH 1.7 pmol/L (1.6-6.9)

Prolactin measuring method:

The Elecsys prolactin sandwich immunoassay uses two monoclonal antibodies directed against human prolactin.

R1 = biotinylated antibody – recognizes the N-terminal end of the prolactin molecule

R2 – ruthenium complexed antibody probably reacts with a region in the middle of the prolactin molecule.

1<sup>st</sup> incubation: a biotinylated monoclonal prolactin-specific antibody and a monoclonal prolactin-specific antibody labeled with a ruthenium complex form a sandwich complex.

2<sup>nd</sup> incubation: after addition of streptavidin-coated microparticles, the complex becomes bound to the solid phase via interaction of biotin and streptavidin.

Reaction mixture aspirated into the measuring cell where microparticles are magnetically captured into the surface of the electrode.

Unbound substances are then removed with ProCell.

Application of a voltage to the electrode then induces chemiluminescent emission which is measured by a photomultiplier, results calculated by a standard curve.

## Other Investigations

Monomeric prolactin – 7744 ug/L (70% recovery after PEG precipitation)

Biopsy: confirmed tumour stained strongly positive with prolactin suggesting a prolactinoma.

## Final Diagnosis

Pituitary Macroprolactinoma

## Take Home Messages

Sandwich immunoassays are prone to high dose hook-effect. There are various ways to overcome this effect. (This will later be expanded on – see AFP / Beta-HCG).

Prolactin appears in the serum as:

1. Active monomeric prolactin (“little”) (80%) 23kDa
2. Inactive dimeric prolactin (“big”) (5-20%) 50-60kDa
3. Low activity tetrameric prolactin (“big-big”) (0.5-5%) 150-170kDa

Precipitation by PEG yields the active monomeric

prolactin, expressed as a percentage recovery after precipitation. Big-big prolactin consists of an antigen-antibody complex of monomeric prolactin-immunoglobulin G and is defined as macroprolactin. This has a long half-life in blood when compared to normal prolactin and gives false high readings of prolactin, leading to unnecessary investigations in certain cases. A high prolactin should thus be confirmed by doing a PEG precipitation.